

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001576147
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer Progyny Inc
SEC File Number 001-39100
Address of Issuer 1359 Broadway
New York
NEW YORK
10018
Phone 212-888-3124
Name of Person for Whose Account the Securities are To Be Sold Peter Anevski

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Affiliate

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	J.P. Morgan Securities LLC 390 Madison Avenue 6th Floor New York NY 10017	431023	14697884	93378243	05/08/2023	Nasdaq

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this	Date Donor	Amount of Securities	Date of Payment	Nature of Payment *
--------------------	-------------------	-----------------------	---------------------	---------	------------	----------------------	-----------------	---------------------

	Transaction	Whom Acquired	a Gift?	Acquired	Acquired
Common	05/08/2023 Option Exercise	Issuer	<input type="checkbox"/>	347541	05/08/2023 Cash
Common	01/31/2022 Purchase	Employee Stock Purchase Plan	<input type="checkbox"/>	445	01/31/2022 Cash
Common	01/29/2021 Purchase	Employee Stock Purchase Plan	<input type="checkbox"/>	933	01/29/2021 Cash
Common	07/31/2020 Purchase	Employee Stock Purchase Plan	<input type="checkbox"/>	1923	07/31/2020 Cash
Common	06/23/2021 Option Exercise	Issuer	<input type="checkbox"/>	2414	06/23/2021 Cash
Common	06/23/2021 Purchase	Employee Stock Purchase Plan	<input type="checkbox"/>	71124	06/23/2021 Cash
Common	08/06/2019 Stock Option Exercise	Issuer	<input type="checkbox"/>	13566	08/06/2019 Cash

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	02/28/2023	32000	1178823.49
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/01/2023	32000	1203500.26
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/02/2023	32000	1155756.83
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/03/2023	32000	1160160.38
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/06/2023	32000	1145884.42
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/07/2023	22151	781820.03
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/08/2023	1041	36431.08
Peter Anevski Care of Progny Inc 1359 Broadway New York NY 10018	Common	03/08/2023	8370	293052.26

Peter Anevski Care of Progyny Inc 1359 Broadway New York NY 10018	Common	04/21/2023 8370	293052.26
Peter Anevski Care of Progyny Inc 1359 Broadway New York NY 10018	Common	04/24/2023 1857	65002.00
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	02/06/2023 576	20320.50
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	02/28/2023 8000	294705.87
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	03/01/2023 8000	300875.06
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	03/02/2023 8000	288939.21
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	03/03/2023 8000	290040.10
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	03/06/2023 8000	286471.10
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	03/07/2023 5538	195455.01
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	03/08/2023 260	9100.77
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	04/21/2023 2093	73280.57
Peco Anevski 2020 SD LLC Care of Progyny Inc 1359 Broadway New York NY 10018	Common	04/24/2023 464	16241.75

144: Remarks and Signature

Remarks	This Form 144 is being filed for shares sold by Peter Anevski and Peco Anevski 2020 SD LLC
Date of Notice	05/08/2023
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	07/05/2022

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading

instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

/s/ J.P. Morgan Securities LLC as agent and attorney-in-fact for Peter
Anevski

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)